



## Event Information, Registration, and Rules for the 3rd Korean American Adaptive Sports Festival



Korea Para Sports Association of U.S.A.

Updated 4/20/2026

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## Event Summary

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- **Event Name:** 3rd Korean American Adaptive Sports Festival
- **Dates:** June 5, 2026 (Friday) to June 6, 2026 (Saturday)
- **Opening Ceremony:** June 5, 2026 (Friday) at 1:00 PM, at RYSE Energy StarCenter Multisport
- **Closing Ceremony:** June 6, 2026 (Saturday) at 4:30 PM, at New Song Church
- **Event Venues:**
  - Main Venue & Opening Ceremony:  
RYSE Energy StarCenter Multisport Farmers Branch  
Address: 2400 Pike St, Farmers Branch, TX 75234
  - Closing Ceremony: New Song Church  
Address: 4220 Fairway Dr. Carrollton, TX 75010
  - Swimming: Loos Swimming Pool (Alfred J. Loos Sports Complex)  
Address: 3815 Spring Valley Rd, Addison, TX 75001
  - Tracks: Alfred J. Loos Stadium (Alfred J. Loos Sports Complex)  
Address: 3815 Spring Valley Rd, Addison, TX 75001
  - Golf: Coyote Ridge Golf Club  
Address: 1640 W Hebron Pkwy, Carrollton, TX 75010
  - Bowling: Lakes Lanes Bowling Alley  
Address: 5000 Main St, The Colony, TX 75056
- **Sports Events:** A total of 20 sports events.
  - Official Sports (10 sports): Swimming, Taekwondo, Golf, Track & Field, Table Tennis, Bowling, Hanguk, Boccia, Pickleball, Soccer
  - Demonstration Sports (5 sports): Cornhole, Soccer Kick for Distance, Basketball, Basketball shooting challenge, Jump Rope
  - Family Sports (5 sports): Hanguk, Soccer Kick for Distance, Table Tennis, Pickleball, Basketball shooting challenge
- **Hosted By:** The Korea Para Sports Association of USA
- **Managed By:** The Organizing Committee of the 3rd Korean American Adaptive Sports Festival, and the Korea Para Sports Association of Dallas.
- **Sponsored By:** Korea Paralympic Committee, Overseas Koreans Agency, Para Sports Gyeonggi, Pusan Para Sports Association, Jeju Para Sports Association, Korean Hanguk Federation for the Disabled, Korea Para Swimming Federation, Seoul Para Sports Association, Korea Bowling Association for the disabled and Special Olympics Korea.

## Registration

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- Registration Periods:
  - 1<sup>st</sup> Registration: February 15, 2026, to March 31, 2026.
  - 2<sup>nd</sup> Registration: April 1, 2026, to April 30 30, 2026.
- How to Register:
  - Online Registration: <https://www.kpsausa.org>
  - Email and Inquiries: Send to [info@kpsausa.org](mailto:info@kpsausa.org)
- Application Change Period: May 16, 2026, to May 25, 2026.

## Schedule

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Events	Dates & Times	Location	Attendees
1. Welcome Night	Thursday, June 13 at 6 PM	To be announced	Head of Delegation, Organizing Committee Member, Executive Member, Chapter President, President of Sports Association, External Guest
2. Pre-game meeting	Thursday, May 7 at 9 PM (ET) Tuesday, June 2 at 9 PM (ET)	Virtual Meeting via ZOOM	Chapter Presidents, Sports Operation Committee Chairs, President of Sports Association
3. ID Card Pick Up	Thursday, June 4 at 8 PM Friday, June 5 at 8 AM	RYSE Energy StarCenter Multisport Farmers Branch	Each team leader picks up
4. Opening Ceremony	Friday, June 5 at 1 PM	RYSE Energy StarCenter Multisport Farmers Branch	All participants
5. Game Schedule	Friday, June 5 at 8 AM - 7 PM	RYSE Energy StarCenter Multisport Farmers Branch	Taekwondo, Table Tennis, Pickleball, Soccer Kick for Distance, Hangung Cornhole, Hangung, Jump Rope, Basketball Shoot Challenge
	Saturday, June 6 at 8 AM - 4 PM	Virtual Meeting via ZOOM	Golf, Bowling, Track, Swimming,
6. Closing Ceremony	Saturday, June 15 at 4:30 PM	New Song Church	All participants

Sports		6/5(Fr) 8:00AM -12:00PM	6/5(Fri) 1:00PM -2:30PM	6/5(Fri) 2:30PM- 4:30PM	6/5(Fri) 4:30PM - 6:30PM	6/6(Sat) 8:00AM - 4:00PM	6/6(Sat) 4:30PM -6:00PM	Location
Official Sports	Swimming					✓		Loos Swimming Pool
	Bowling					✓		Lakes Lanes Bowling Alley
	Golf					✓		Coyote Ridge Golf Club
	Tracks					✓		Alfred J. Loos Stadium
	Table Tennis	✓						(Main) RYSE Energy- Court 3
	Taekwondo	✓						(Main) RYSE Energy - Court 4
	Pickleball			✓ (2:30PM -6:30 PM)				(Main) RYSE En - Court 3 & 4
	Soccer(5-a-side)				✓			(Main) RYSE En - Court 5,6,7,8
	Hangung	✓		✓				(Main) RYSE Energy - Court 5
	Boccia	✓						(Main) RYSE Energy - Court 6
Demonstration Sports	Cornhole	✓		✓				((Main) RYSE Energy - Court 7
	Jump Rope	✓		✓				(Main) RYSE Energy - Court 7
	Basketball (3-on-3)	✓		✓ (2:30PM -6:30 PM)				((Main) RYSE En - Court 2 & 6
	Basketball Challenge	✓		✓				(Main) RYSE Energy - Court 8
	Soccer Kick for Distance	✓		✓				(Main) RYSE Energy - Court 8
Family Sprots	Hangung	✓		✓				(Main) ) RYSE Energy - Court 5
	Soccer Kick for Distance	✓		✓				(Main) ) RYSE Energy - Court 8
	Table Tennis	✓						(Main) RYSE Energy - Court 3
	Pickleball			✓ (2:30PM -6:30PM)				(Main) ) RYSE En - Court 3 & 4
	Basketball Challenge	✓		✓				(Main) RYSE Energy - Court 8

## Participant Qualifications

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- **Participants:** Korean descendants (no proof required) and foreign participants
- **Participation Age:** 6 years and above (as of June 5, 2026).
- **Categories:**
  - Elementary (6-11 years)
  - Junior High (12-15 years)
  - Senior High and Adults (16 years and above)
  - *\*Senior Category:* 70 years and over (including participants without disabilities in family events)
- **Directors, Coaches, and Executives:** Open to Koreans, foreigners, and participants with or without disabilities.
- **Dual Roles for Executives and Athletes:** Executives (including directors and coaches) are allowed to also be athletes. If an executive participates as an athlete (with disabilities or as a Unified partner), their participation in family events is restricted.
- **Participation of Athletes with disabilities:** Only allowed in official and demonstration events, not in family events. When selecting a disability category, athletes with multiple disabilities must choose one primary disability only from the following categories: (Physical disability, brain lesion/cerebral palsy, intellectual/developmental disability, visual impairment, hearing impairment).
- Participants may select up to two (2) sports from the eleven adaptive sports\* and may compete in up to five (5) individual medal events within those two sports. Exception: 5-a-side soccer is not counted toward the number of selected sports.  
\* The 11 adaptive sports are: Swimming, Taekwondo, Golf, Athletics (Track & Field), Table Tennis, Bowling, Pickleball, 5-a-side Soccer, Hangung, Boccia, and Demonstration events. \*\* See page 8 for the detailed medal events in each sport.  
  
Example: An athlete may choose swimming and compete in the 50m freestyle, 50m breaststroke, and 100m individual medley (3 medal events), and also select taekwondo and compete in poomsae and board-breaking (2 medal events). Alternatively, an athlete may select only swimming and enter five medal events (e.g., 25m freestyle, 50m freestyle, 100m freestyle, 50m breaststroke, 100m individual medley). In this case, the athlete may not choose a second sport.
- The maximum number of medal events per participant is five (5).
- Due to scheduling and venue limitations, the number of medal events within a sport or participation in a second sport may be restricted.
- **Officials** (including head coaches and coaches) and guardians/family members may participate in Unified events (events in which athletes with and without disabilities compete together) or family events.
- If a participant chooses Unified events, participation is limited to two (2) events, and they

may not participate in family events.

- If a participant chooses family events, participation is limited to one (1) event per person, and Unified participation is not allowed.
  - **A spectator participant** refers to individuals other than athletes with disabilities, officials, guardians/family members, volunteers, media (press), or sponsors/VIP. This includes non-disabled Unified athletes (not officials or family), acquaintances of participants, or general attendees. Spectator participants may take part in up to two Unified events but may not participate in family events.
  - **Volunteers** (medical, transportation, sport operations, broadcasting/audio, website/social media, general volunteers, etc.) may be provided by each regional chapter and are not permitted to compete in any events.
  - **Participation Rules for Foreign Athletes with Disabilities:**
    - Allowed in all events.
    - Foreign participation as directors, coaches, and executives is allowed.
    - Limited to 50% of the participants per event (except in Taekwondo and athletics, where more than 50% foreign participation is allowed).
    - In doubles events, one foreign participant is allowed.
    - In team events of 3-4 members, two foreign participants are allowed.
    - In team events of 5-6 members, three foreign participants are allowed.
  - These rules do not apply to friendly and demonstration matches involving foreign invitees.
- Unified Partner (Participants without disabilities) Participation Rules in Unified Sports Events:**
- Unified events are competitions in which athletes with disabilities and non-disabled partners compete together as one team.
  - Non-disabled athletes may compose up to 50% of the team roster per event.
  - In 2-person Unified events: 1 athlete with a disability and 1 non-disabled partner must participate.
  - In 3-person team events: only one non-disabled participant is allowed (ratio 2 disabled : 1 non-disabled).
  - In 5-person team events: up to two non-disabled participants are allowed (ratio 3 disabled : 2 non-disabled).
  - For Unified events, the athlete (disabled) and partner (non-disabled) must be pre-assigned by the regional association and registered together. If one person is not registered, the team will be cancelled.
  - If a disabled athlete is registered but a non-disabled partner is not, the registration is temporarily accepted. The team must notify the sport event commissioner of an eligible partner (official, family member, or spectator — Unified participation limited to two events) no later than 1 hour before the competition begins. If not completed by then, the team will be automatically cancelled.
  - If only the partner (non-disabled) is registered without a disabled athlete, the team will be automatically cancelled in advance.

## Eligibility for the Korean American Adaptive Sports Festival

	Sports Categories	Physical Disability, Including Spinal Cord Injuries, Amputation, or Other	Cerebral Palsy, Stroke, Brain Injuries, Parkinson's disease, or Other	Intellectual (Developmental) Disability, including Autistic Spectrum Disorder, Down Syndrome, or Other	Visual Impairment	Hearing Impairment
Official Sports (10 sports)	Swimming	0	0	0	0	0
	Pickleball	0	0	0	x	0
	Taekwondo	0	x	0	0	0
	Golf	0	0	0	x	0
	Track	0	0	0	0	0
	Table Tennis	0	0	0	x	0
	Bowling	0	0	0	0	0
	Soccer	0	0	0	x	x
	Hangung	0	0	0	0	0
	Boccia	0	0	0	x	x
Demonstration Sports (5 sports)	Soccer Kick for Distance	0	0	0	0	0
	Cornhole	0	0	0	0	0
	Basketball (3 on 3)	0	0	0	x	x
	Basketball Shooting Challenge	0	0	0	0	0
	Jump Rope	0	0	0	0	0
Family sports* (5 sports)	Hangung	<p style="text-align: center;">Events for participants without disabilities: Executives and parents/guardians/family members are allowed to participate. However, participants in Unified events and observers are restricted from participating in family events.</p> <p style="text-align: center;">* In family sports events, rankings are determined for each event, and these are also included in the total combined scores.</p>				
	Soccer Kick for Distance					
	Table Tennis					
	Pickleball					
	Basketball Shooting Challenge					

## Sports and Medal Events

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### Swimming

- 25m Freestyle     25m Breaststroke     25m Backstroke     25m Butterfly
- 50m Freestyle     50m Breaststroke     50m Backstroke     50m Butterfly
- 100m Freestyle     100m Breaststroke     100m Backstroke     100m Butterfly
- 100m Individual Medley     100m Relay (4 swimmers)     Unified 100m Relay (2 with disabilities + without disabilities)
- 25m Assisted Swim     25m Kickboard Swim

### Tracks

- 25m Sprint     100m Sprint     200m Sprint
- 50m Walk     50m Assisted Walk     50m Run
- 800m Middle-Distance Run     400m Unified 4-Person Relay     100m Unified Partner Run (2-person team)

### Golf

*You may NOT select both the 9-hole Individual Stroke Play and the 9-hole Unified Alternate Shot Team Event.*

- 9-Hole Individual Stroke Play\*     9-Hole Unified Alternate Shot (2-person team)\*
- Individual Chipping Skills Event     Individual Short-Putt Skills Event     Individual Long-Putt Skills Event

### Table Tennis

- Wheelchair Singles\*\*     Standing Singles\*\*
- Doubles (2 athletes with disabilities)     Unified Doubles (1 athlete with disability + 1 without disability)
- Forehand Stroke Skills Event     Backhand Stroke Skills Event

### Taekwondo

- Designated Poomsae (Forms)     Freestyle Poomsae
- Downward Strike Breaking (Fist/Knife-hand)     Freestyle Breaking

### Pickleball

- Wheelchair Singles\*\*     Unified Wheelchair Doubles (2 players)
- Intellectual Disability Standing Singles     Unified Intellectual Disability Doubles

### Boccia

- Wheelchair Individual\*\*     Standing Individual\*\*     Unified Doubles Team Event

### Bowling

- Wheelchair Individual\*\*     Standing Individual\*\*
- Doubles Team (2 athletes with disabilities)     Unified Doubles Team

### Hangung (Korean Dart)

- Wheelchair Individual\*\*     Standing Individual\*\*     Unified Doubles Team

### Soccer

- Unified 5-a-side Soccer (3 athletes with disabilities + 2 athletes without disabilities)

### Demonstration Events

- Cornhole     Soccer Ball Distance Kick     Jump Rope     Basketball Shoot Challenge
- Unified 3-on-3 Basketball (2 athletes with disabilities + 1 athlete without disability)

### Family Events – Non-Disabled Participants Only

*(Participants competing in Unified events are NOT eligible for Family Events.)*

- Hangung     Table Tennis     Soccer Ball Distance Kick     Basketball Shoot Challenge     Pickleball

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\*\* 휠체어종목과 입식(Standing)을 동시 선택할 수 없습니다.

## Unified Sports Events

(Team event involving both participants with and without disabilities)

\* Events in which executives, parents, guardians, and family members can participate, with a maximum of two events selectable

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Swimming	Unified 100m Medley Relay (4 X 25m) – including 2 individuals without disability
Golf	9 Hole Unified Alternate Shot Team Play
Tracks	Unified 400m 4-Person Relay (4 X 100m) including 2 individuals without disability Unified 100m 2-Person Dash
Table Tennis	Unified Doubles
Pickleball	Unified Wheelchair Doubles Unified Standing Doubles (for Individuals with intellectual disabilities)
Boccia	Unified 2-Person Team
Bowling	Unified 2-Person Team
Hangung	Unified 2-Person Team
Soccer	Unified 5-a-Side Soccer (Maximum team roster: 10 players) During competition, a maximum of two non-disabled partners are permitted on the field, and the team must maintain a ratio of 3 athletes with disabilities : 2 partners without disabilities.
Basketball (3-on-3)	Unified 3-on-3 basketball (Maximum team roster: 5 players) During competition, only one non-disabled partner is permitted on the field, and the team must maintain a ratio of 2 athletes with disabilities : 1 partner without disabilities.

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# Scoring System

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## Overall Scoring

- The overall ranking of participating chapters (e.g., Maryland, New York, New Jersey) will be determined by the highest total accumulated points.
  - The total score is calculated by combining sport event ranking points and Opening Ceremony points (awarded to three chapters only).
  - Opening Ceremony and Closing Ceremony Group Dance Awards & Points:  
The scores from the Opening Ceremony and the Group Dance performance will be combined to determine three selected chapters.  
The selected three chapters will receive a trophy, prize money, and bonus points added to the overall score.
    - 1st Place: Trophy, Prize Money, +100 points
    - 2nd Place: Trophy, Prize Money, +80 points
    - 3rd Place: Trophy, Prize Money, +60 points
  - Opening Ceremony judging will be conducted by external judges (3–5 persons) and will be based on each chapter's entrance performance, costumes, and creativity, regardless of the number of participants.
  - Closing Ceremony Group Dance judging will be conducted by external judges (3–5 persons) based on: 1) Participation of all members regardless of age, skill level, or physical condition, 2) Level of enjoyment and enthusiasm, 3) Audience engagement and response
- Each individual may participate in up to five medal events, and all earned ranking points will be added to the overall team score (see scoring table).
  - Team events (team competition, doubles, or Unified events) also contribute ranking points to the overall score. Although all athletes receive medals, only one set of ranking points per team event is added to the chapter's overall score.
- For timed/record events (Official, Demonstration, and Family Sports), only placements 1st through 8th contribute to the overall score.
- If only two athletes or two teams compete, gold and silver medals will be awarded. If only one athlete/team competes, the event may be cancelled or merged with another division.  
For individual events, a single female athlete may compete together with male athletes, and the result will count toward overall scoring. If merging is not possible, the event may be cancelled.
- In the event of a tie in overall chapter rankings, rankings will be determined by the number of gold medals first, then silver, then bronze medals, across all sports categories.
- The scoring method may be modified due to participation numbers, event operations, or

facility limitations on the day of the competition.

### **Individual Medals & Participation Medal Regulations**

- In individual events, medals (Gold, Silver, Bronze) will be awarded according to disability classification, gender, and age group as specified in each sport's rules. (Some events such as Unified or doubles divisions may not use these classifications.)
- Each athlete may participate in up to two sports (excluding soccer) and may compete in a maximum of five medal events total across the selected sports.  
Example: An athlete may enter 4 swimming events and 1 golf event.  
If the athlete enters 5 swimming events, they cannot enter events in another sport.
- Soccer participation is determined by the chapter president/coach and is exempt from the 5-event limit.
- In team competitions (team, doubles, Unified), all athletes receive medals, but the medal counts as one event for scoring purposes.
- In timed events, ties will be broken using the next highest performance standard.
- Participation Medals:  
All athletes with disabilities will receive a participation medal if they do not win a ranking medal.  
Each athlete may receive a maximum of two participation medals (for two sports).  
The sport competition director verifies eligibility.
- Athletes from Korea (e.g., Gyeonggi Disabled Sports Association teams) will compete together with U.S. athletes; however, medal awards will be separated by country.  
Example: If a Korean athlete places 1st and U.S. athletes place 2nd and 3rd in bowling singles: Korean athlete receives Gold, U.S. 2nd place receives Gold, U.S. 3rd place receives Silver

### **Ranking Point Calculation (Scoring Table)**

- Ranking points are awarded according to the tables below.  
For record-based events (e.g., swimming), placements 1st–8th count toward overall scoring. For tournament events (e.g., table tennis), only 1st–4th places count.  
If no 3rd-place match is held, two teams may be awarded tied 3rd place points.
- Unified 5-a-side soccer uses the 5-player scoring scale, and 3-on-3 basketball uses the 3-player scoring scale.
- Non-competitive events  
(Swimming: 25m Assisted, 25m Kickboard; Track: 50m Walk, 50m Assisted Walk)  
Medals are awarded by placement, but all participants receive 6 points regardless of place.

<b>Official Sports</b>	(1 <sup>st</sup> )	(2 <sup>nd</sup> )	(3 <sup>rd</sup> )	(4 <sup>th</sup> )	(5 <sup>th</sup> )	(6 <sup>th</sup> )	(7 <sup>th</sup> )	8 <sup>th</sup> )
single	16	14	12	10	8	6	4	3
double	26	22	19	16	13	10	7	5
3 players	39	33	29	24	19	15	10	7
4 players	51	44	38	30	26	19	13	10
5 players – Soccer	64	56	48	40	32	24	16	12
6 players	90	78	67	56	45	34	22	17
8 & over	100	80	70	60	50	40	30	20
<b>Demonstration Sports</b>	(1 <sup>st</sup> )	(2 <sup>nd</sup> )	(3 <sup>rd</sup> )	(4 <sup>th</sup> )	(5 <sup>th</sup> )	(6 <sup>th</sup> )	(7 <sup>th</sup> )	8 <sup>th</sup> )
single	10	8	6	5	4	3	2	1
double	16	13	10	8	7	5	3	2
3 players - Basketball	24	19	15	12	10	7	5	3
4 players	32	26	19	16	13	10	7	4
5 players	40	32	24	20	16	12	9	5
6 players	56	45	34	28	22	17	11	7
8 & overs	80	70	60	50	40	30	20	10
<b>Non-competitive Events</b> Swimming: 25m Assisted, 25m Kickboard; Track: 50m Walk, 50m Assisted Walk	Medals are awarded by placement, but all participants receive 6 points regardless of place.							
<b>Family Sports</b>	(1 <sup>st</sup> )	(2 <sup>nd</sup> )	(3 <sup>rd</sup> )	(4 <sup>th</sup> )	(5 <sup>th</sup> )	(6 <sup>th</sup> )	(7 <sup>th</sup> )	(8 <sup>th</sup> )

single	10	8	6	5	4	3	2	1
double	16	13	10	8	7	5	3	2
3 players	24	19	15	12	10	7	5	3
4 players)	32	26	19	16	13	10	7	4
5 players)	40	32	24	20	16	12	9	5
6 players)	56	45	34	28	22	17	11	7

- Medal ceremonies will take place at each competition venue immediately after each division or event concludes.

### **Appeal Committee**

- Appeals are not permitted for simple dissatisfaction with scores. Appeals are allowed only for rule misapplication, violations, or clear officiating errors.
- Appeals must be submitted using the official form and must include the chapter president's signature.
- Appeals must be filed within 1 hour after the event concludes.
- The Appeal Committee consists of three members:
  - Appeal Committee Chair (appointed by the U.S. Korean Sports Association President)
  - Technical Director
  - Sport Competition Director of the relevant sport
- All appeals will be reviewed under principles of fairness, inclusion, and rule compliance, and the committee's decision is final.

# Rules and Regulations

## Swimming

### 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal Events	Notes
Physical Disabilities & Cerebral Palsy	S1/SB1 - S10/SB9*	- Freestyle 25m, 50m, 100m - Butterfly 25m, 50m, 100m - Breaststroke 25m, 50m, 100m - Backstroke 25m, 50m, 100m	<ul style="list-style-type: none"> <li>• <b>Individual Events (including individual medley)</b> are categorized by disability, gender, and age.</li> <li>• <b>Age Categories for Individual Events:</b> Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.</li> <li>• <b>Unified Events:</b> Teams consist of two athletes with disability and two without disability competing together in a 100m relay race without distinction of gender.</li> <li>• <b>25m Assisted Swim:</b> swim with the assistance of a coach or helper, who may touch, guide, or instruct, or they can use a tube for support.</li> <li>• <b>25m Kickboard Swim:</b> swim 25 meters using a kickboard.</li> <li>• <b>Medal Awarding:</b> Medals are awarded in the 100m relay, Unified relay, 25m assisted swim, and 25m kickboard swim events without consideration of age, gender, or disability.</li> </ul>
Intellectual (Developmental) Disabilities	S/SB 14	- 100m Individual Medley - 100m Medley Relay (4명 X 25m) - Unified 100m Medley Relay (4명 X 25m)	
Visual Impairment	S/SB11- S/SB13	- 25m Assisted Swim - 25m Kickboard Swim	
Hearing Impairment	(S15)	- All events are the same except Unified Sports  - <b>No Unified sports</b>	

- **Medal Award Criteria for Individual Events (including individual medley):** Medals are awarded considering the type of disability, age, and gender.
- **Individual Disability Categories:** These are conducted regardless of disability grade and may be combined if there are few participants in each disability type and age group. If only one individual or team is registered for a medal event, that event may be canceled or merged.

- **Classification Notes:**

- *S*: Freestyle, Butterfly, and Backstroke events; *SB*: Breaststroke. Numbers 1-10 indicate the disability class, with lower numbers representing a greater degree of disability. This classification is included for reference for participants with disabilities.
- For deaf athletes, 25m assisted and kickboard swimming events are not applicable.

- 2. **Equipment and Court Regulations:**

- The swimming venue is determined by the event organizing committee.
- Due to venue conditions, the number of competition lanes may be limited to four.

- 3. **Method of Competition:**

- In the Unified 100m relay - teams consist of 2 with disability and 2 without disabilities, competing in a 100m relay (4 X 25m Freestyle).
- 25m Assisted Swim involves swimming with a coach or assistant's touch, guidance, instruction, or the use of a flotation device (e.g., a tube), but without forward propulsion assistance.
- 25m Kickboard Swim involves swimming 25 meters using a kickboard.

- 4. **Basic Rules:**

- In freestyle, breaststroke, butterfly, and individual medley, athletes start with a dive, similar to standard swimming competitions.
- Visually impaired athletes can take their position before the referee's command.
- Athletes with balance difficulties can receive assistance at the starting block.
- Athletes with lower body disabilities are allowed to start in the water.
- For deaf athletes, additional start signals can be given by an assistant tapping the body.
- In backstroke, athletes unable to use the starting handle may use the end of the pool.
- Kickboard Swim participants must prepare their own kickboards.

# Taekwondo

## 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities, Cerebral Palsy, Intellectual (Developmental) Disabilities, Visual Impairment, & Hearing Impairment		<ul style="list-style-type: none"> <li>• Poomsae - Recognized</li> <li>• Poomsae -Freestyle</li> <li>• Breaking – fist/knife hand</li> <li>• Breaking – freestyle</li> </ul>	<ul style="list-style-type: none"> <li>• All events award medals based on the type of disability and gender.</li> <li>• Recognized Poomsae are determined by the participant's belt level and are conducted and awarded medals regardless of age.               <ul style="list-style-type: none"> <li>○ Yellow to Orange Belt: Choose between Taegeuk 1 Jang or Taegeuk 2 Jang.</li> <li>○ Green to Blue Belt: Choose between Taegeuk 3, 4 or Taegeuk 5 Jang.</li> <li>○ Red and Black Belt: Choose one form from Taegeuk 6, 7, 8, Koryo, or Geumgang.</li> </ul> </li> <li>• Freestyle Poomsae, fist/ knife-hand breaking and freestyle breaking are awarded medals considering the age category: Elementary (6-11), Junior High (12-15), and 16 and older.</li> </ul>

- Medals are awarded considering the type of disability, gender, and age of the participants. However, for the designated Poomsae (forms), age is not considered, and medals are awarded based on the color of the participant's belt (Dan/level).
- In each disability category, if the number of participants is small considering disability type, gender, and age, the categories may be combined.

## 2. Equipment and Court Regulations:

- The size of the court is determined by the Organizing Committee of the Korean American Adaptive Sports Festival.

## 3. Basic Rules:

- Assistance from a helper or coach is allowed when a player, due to the nature of their disability, is unable to perform in the game on their own.
- For the Poomsae category for intellectual disabilities, participants can perform with the help of a coach.
- The ranking in each category is determined based on the scores obtained.

## 4. Method of Competition and Scoring System

• **Poomsae**

Medal Events	Scoring	
Recognized Poomsae (Total 10 points)	<b>Technical Score (4 points)</b> <ul style="list-style-type: none"> <li>• Practicality of attitude and motion</li> <li>• Balance and posture (including transitional movements and changes of direction)</li> <li>• Accuracy of stances in standing, blocking, kicking, and striking</li> <li>• Hand and foot techniques</li> </ul>	<b>Artistic Score (6 points)</b> <ul style="list-style-type: none"> <li>• Memorization of the form</li> <li>• Power, speed, and rhythm</li> <li>• Expression of energy (Ki)</li> <li>• Evaluation of eye contact, spirit shout (Kihap), and confidence</li> </ul>
	For White to Yellow Belts: Choose between Taegeuk 1 Jang or Taegeuk 2 Jang. For Green to Blue Belts: Choose between Taegeuk 3, 4 Jang or Taegeuk 5 Jang. For Red and Black Belts: Choose one form from Taegeuk 6, 7, 8, Koryo, or Geumgang.	
Freestyle Poomsae (Total 10 points)	<b>Technical Score (4 points)</b> <ul style="list-style-type: none"> <li>• Practicality of attitude and motion</li> <li>• Balance and posture (including transitional movements and changes of direction)</li> <li>• Accuracy of stances in standing, blocking, kicking, and striking</li> <li>• Hand and foot techniques</li> </ul>	<b>Artistic Score (6 points)</b> <ul style="list-style-type: none"> <li>• Power, speed, and rhythm</li> <li>• Expression of energy (Ki)</li> <li>• Evaluation of eye contact, spirit shout (Kihap), and confidence</li> </ul>
	Freestyle forms require participants to freely select 10 moves in advance and express them freely. (The competition is conducted and medals are awarded without consideration of belt level.) For freestyle poomsae, the use of individual music is allowed, and there is no penalty for performing without music.	

• **Breaking**

Medal Events	Scoring			
• Fist/knife hand Breaking (10 points)	Preparation and finishing moves for breaking (1 point)	Breaking action (1 point)	Success of breaking the target material (5 points)	Expressiveness (3 points)
	<b>Sequence of Events:</b> Enter ⇒ Cha Reut (Attention) ⇒ Kyung Reah (Bow) ⇒ Joon Bi (Ready) ⇒ Preparation moves ⇒ Breaking ⇒ Finishing moves of breaking ⇒ Balro (Return) ⇒ Cha Reut (Attention) ⇒ Kyung Reah (Bow) - The number of breaking materials can be up to 5 boards, depending on the individual's choice. - Up to three attempts are allowed for breaking.			
Free Style Breaking (10 points)	Preparation and finishing moves for breaking (1 point)	Breaking action (1 point)	Success of breaking the target material (5 points)	Expressiveness (3 points)
	<b>Sequence of Events:</b> Enter ⇒ Cha Reut (Attention) ⇒ Kyung Reah (Bow) ⇒ Joon Bi (Ready) ⇒ Preparation moves ⇒ Breaking 1, Breaking 2, Breaking 3 ⇒ Finishing moves of breaking ⇒ Balro (Return) ⇒ Cha Reut (Attention) ⇒ Kyung Reah (Bow) - The breaking action can mix hand and foot strikes, allowing for a selection of 2 to 5 moves. - One board is used per breaking action. - Up to three attempts are allowed for breaking.			

# Golf

## 1. Participation Eligibility and Detailed Events

Disabilities Category	classification	Medal events	Notes
Physical Disabilities, Cerebral Palsy Intellectual, (Developmental) Disabilities		<ul style="list-style-type: none"> <li>- 9 Hole Individual Stroke Play</li> <li>- 9 Hole Unified Alternate Shot Team Play</li> <li>- Chipping Skill Test</li> <li>- Putting Skill Test(2-3m)</li> <li>- Putting Skill Test 7-9m)</li> </ul>	<p>9-hole individual stroke play: Medals are awarded by gender, age, and type of disability.</p> <p>Unified Alternate Shot 2-person team play: A team comprised of one player with disability and one without disability takes turns shooting, with no distinction of age or gender.</p> <p>Medals are awarded in individual skill games by gender and type of disability regardless of age.</p>
Hearing Impairment		<ul style="list-style-type: none"> <li>- 9 Hole Individual Stroke Play</li> <li>- Chipping Skill Test</li> <li>- Putting Skill Test(2-3m)</li> <li>- Putting Skill Test 7-9m)</li> </ul>	<p>Individuals with hearing impairments cannot participate in the 9-hole alternate shot team game.</p> <p>9-hole individual stroke play: Medals are awarded by gender and age.</p> <p>Individual skill games award medals by gender, without age distinction.</p>
Visual Impairment		Not applicable	

- Medals in the 9-hole individual stroke play are awarded considering the type of disability, age, and gender.
- In individual skills events (chipping, putting), medals are awarded without age distinction, but considering the type of disability and gender.

## 2. Equipment and Course Regulations:

- The use of assistive golf equipment and special electric carts (golf carts for players with disabilities) is allowed.
- Participants are to bring their own golf clubs (maximum of 14 allowed), golf bag, golf balls, and tees for the game.
- The golf course is determined by the Organizing Committee.

### **3. Method of Competition:**

- The game is conducted in stroke play, and the ranking is determined based on the total number of strokes in 9 holes. In Unified Alternate Shot Team play, players take turns stroking the ball until they finish the hole or reach 10 strokes. For example, if player "A" does the tee shot on odd-numbered holes, player "B" does it on even-numbered holes. After the first shot, players alternate turns until the ball is holed. In Alternate Shot, the player with disabilities and the partner (without disabilities) must decide in advance who will tee off on odd or even holes.
- In individual skill games (putting and chipping), the player who sends the ball closest to the pin from a certain distance or holes the ball wins.

### **4. Basic Rules:**

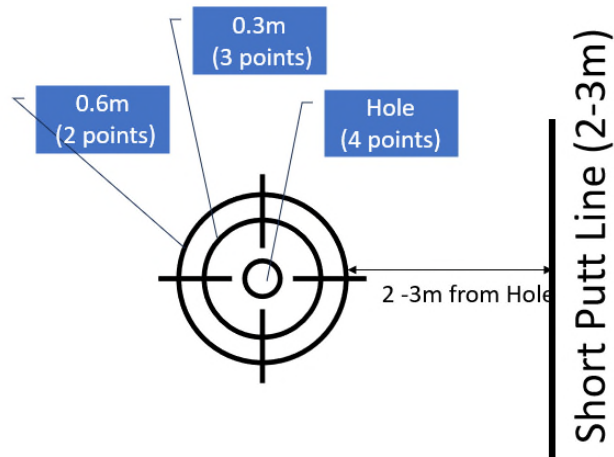
- The US Special Olympics Golf Rules are primarily applied, and the detailed rules are decided by the Organizing Committee.
- Caddies are allowed.
- Golf carts are permitted.
- If the ball is not holed after 10 strokes, the player records a 10X for that hole and moves on to the next.
- In the event of a tie in strokes, the player with fewer 10Xs wins.
- The ball must be played as it lies.
- All whiffs or topped balls are considered one stroke.
- Only one ball is played per hole.
- Scoring is recorded on the scorecard at each hole by counting the total strokes (note: disqualification occurs if the score entered on the scorecard is the total number of strokes minus the standard strokes for the hole).
- One team member is primarily responsible for recording the score, but the committee can appoint volunteers or partners as markers. Both team players must verify the score for each hole, and one player (preferably the one with a disability) must sign the scorecard and submit it at the golf tournament headquarters.
- Tees to be used: Gold (or Red) – for female players, children 15 and under; White – for male players.

### **5. Putting (Individual Skills Event):**

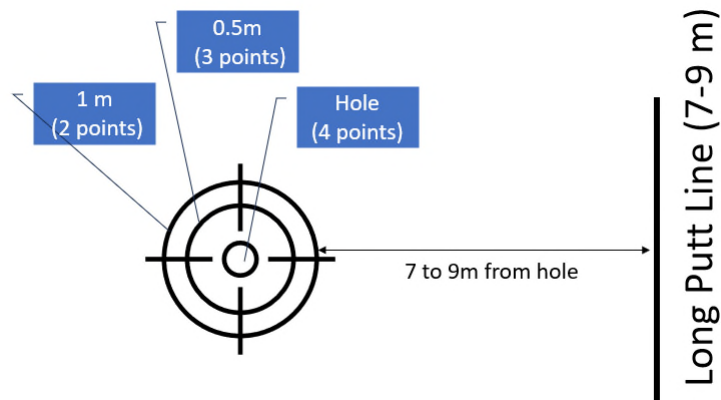
- Players have five attempts to putt the ball towards the hole from 2-3 meters (short putting) and 7-9 meters (long putting), scoring points based on where the ball stops.
- Players score 1 point for hitting the ball with a stroke (a miss-swing counts as an attempt and scores 0 points). If the ball stops within 0.6 meters (short putting) or 1 meter (long putting) of the hole, 2 points are awarded.
- If the ball stops within 0.3 meters (short putting) or 0.5 meters (long putting) of the hole, 3 points are awarded.

- If the ball goes into the hole, 4 points are awarded for that attempt. The putting score is the total of the five attempts.
- Each short-putting and long-putting event has a maximum of 20 points, and medals are determined by the highest scores.

★ **Short Putting (2-3m) Individual Skills Event (maximum 20 points)**

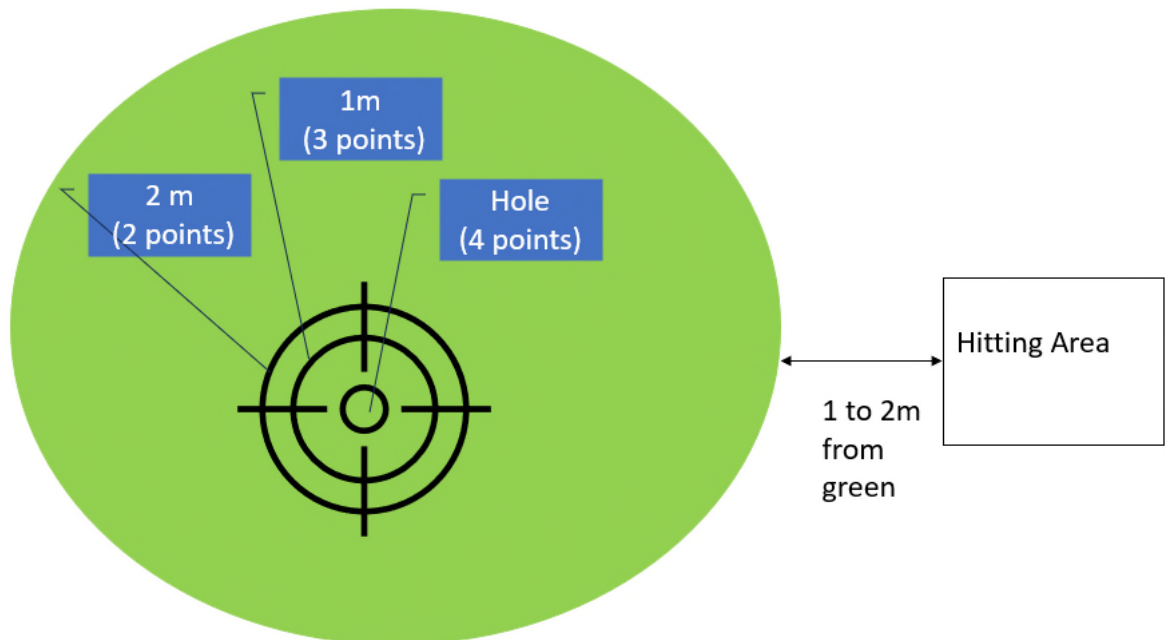


★ **Long Putting (7-9m) Individual Skills Event (maximum 20 points)**



## 6. Chipping Individual Skills Event (Maximum 20 Points):

- Players attempt five shots towards a target, scoring points based on where the ball stops.
- Players earn 1 point for making a stroke to hit the ball. (A miss-hit after swinging is counted as one shot and scores 0 points.) If the ball stops within a 2-meter radius around the hole, 2 points are awarded. If the ball stops within a 1-meter radius around the hole, 3 points are awarded.
- If the chip shot stops in the hole, 4 points are awarded. The total score from the five attempts becomes the final score for the chipping event.



# Tracks

## 1. Participation Eligibility and Detailed Events

Disabilities Category	classification	Medal events	Notes
Physical Disabilities	Standing only T42-44 T61-64 T42-44	<ul style="list-style-type: none"> <li>- 25m, 50m (walk, assisted walk, dash), 100m, 200m</li> <li>- 800m</li> <li>- Unified:               <ul style="list-style-type: none"> <li>✓ 100m Unified 2-person Run</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Individual events are categorized by disability, gender, and age.               <ul style="list-style-type: none"> <li>• Age categories: Elementary (6-11), Junior High (12-15), and 16 and older.</li> </ul> </li> <li>• For the 50m events, competitors are divided into walking, dashing, and assisted walking categories.</li> <li>• The 50m walk and assisted walk are non-competitive events. Medals are awarded based on placement, and all participants receive 6 points toward the overall team score.</li> <li>• Unified relay events – A team composed of 2 athletes with disabilities and 2 without disabilities runs 50m each in a relay, without distinction of age or gender.</li> <li>• In Unified pair events, teams of one athlete with disability and one without disability run together in a 100m race.</li> </ul>
Cerebral Palsy	Standing only T35-38	<ul style="list-style-type: none"> <li>- 25m, 50m (walk, assisted walk, dash), 100m, 200m</li> <li>- 800m</li> <li>- Unified:               <ul style="list-style-type: none"> <li>✓ 100m Unified 2-Person Run</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• - Individual events are categorized by disability, gender, and age.               <ul style="list-style-type: none"> <li>• Age categories: Elementary (6-11), Junior High (12-15), and 16 and older.</li> </ul> </li> <li>• For the 50m events, competitors are divided into walking, dashing, and assisted walking categories.</li> <li>• The 50m walk and assisted walk are non-competitive events. Medals are awarded based on placement, and all participants receive 6 points toward the overall team score.</li> <li>• Unified relay events – A team composed of 2 athletes with disability and 2 without disability runs 50m each in a relay, without distinction of age or gender.</li> <li>• In Unified 2-person run, teams of individual with and without disabilities run together in a 100m race.</li> </ul>
Intellectual (Developmental) Disabilities	T20	<ul style="list-style-type: none"> <li>- 25m, 50m (walk, assisted walk, dash), 100m, 200m</li> <li>- 800m</li> <li>- Unified:               <ul style="list-style-type: none"> <li>✓ 100m Unified 2-Person Run</li> <li>✓ 400m Unified 4-Person relay</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Individual events are categorized by disability, gender, and age.               <ul style="list-style-type: none"> <li>• Age categories: Elementary (6-11), Junior High (12-15), and 16 and older.</li> </ul> </li> <li>• For the 50m events, competitors are divided into walking, dashing, and assisted walking categories.</li> </ul>

		(4X100m)	<ul style="list-style-type: none"> <li>The 50m walk and assisted walk are non-competitive events. Medals are awarded based on placement, and all participants receive 6 points toward the overall team score.</li> <li>Unified relay events – A team composed of 2 athletes with disability and 2 without disability runs 50m/100m each in a relay, without distinction of age or gender.</li> <li>In Unified 2-person run, teams of individual with and without disabilities run together in a 100m race.</li> </ul>
Visual Impairment	T11-13	-25m, 50m (walk, assisted walk, dash), 100m, 200m - 800m - Unified: ✓ 100m Unified 2 person Run	<ul style="list-style-type: none"> <li>Individual events are categorized by disability, gender, and age.</li> <li>Age categories: Elementary (6-11), Junior High (12-15), and 16 and older.</li> <li>For the 50m events, competitors are divided into walking, dashing, and assisted walking categories.</li> <li>In Unified 2 person run, teams of individual with and without disabilities run together in a 100m race.</li> </ul>
Hearing Impairment		- 50m (Dash only), 100m, 200m - 800m	<ul style="list-style-type: none"> <li>Individual events are classified by disability, gender, and age.</li> <li>Age categories are divided into: Elementary (6-11), Junior High (12-15), and 16 and older.</li> <li>There are no walking (walk) and assisted walking (assisted walk) events for the 50m race.</li> <li>There are no Unified events for individuals with hearing impairments.</li> </ul>

- Medals are awarded considering the type of disability, age, and gender.
- Individual events for each disability are conducted regardless of classification level and can be combined if there are a few participants in each disability type, gender, and age category. However, if only one individual or team is registered in a particular medal event, that event may be canceled or combined with others.
- Events for visually impaired athletes are conducted separately.

## 2. Equipment and Court Regulations:

- Starting Blocks
- Stop Watch
- Batons

## 3. Method of Competition:

- Only standing events will be conducted in this championship.
- Competitions for athletes with physical disabilities, brain injuries, intellectual disabilities, and hearing impairments will follow the same rules as regular athletics.

#### **4. Basic Rules:**

- Athletes can choose to use assistive devices according to their disability.
- In the 50m event, categories include walking, dashing, and assisted walking, where assisted walking involves running with the help of a coach or assistant.
  
- For athletes with visual impairment:
  - They must wear opaque glasses or an equivalent substitute.
  - Athletes are responsible for finding their own guide runner and tether.
  - Athletes can choose to run by holding the elbow of the guide runner, being led by a tether, or running side by side, and can receive verbal instructions from the guide runner.
  - In the 100m event, classified athletes can run alone with the help of up to two auditory signalers, one located at the 40m-60m point and the other behind the finish line.
  - In the 200m event, athletes run in groups of four, starting simultaneously with their guide runners.
  - For middle and long-distance track events of 400m or more, two guide runners are allowed.
  
- In Unified Sports events:
  - Athletes with and without disabilities form a team, regardless of gender.
  - In the Unified 200m relay (4x 50 m) and 400m relay (4x 100m), a team consists of two athletes with disabilities and two without, with each running 50m/100m to determine the ranking by order of finish.
  - In the Unified 2-person 100m event, a team of one athlete with a disability and one without runs together for 100m to determine the ranking by order of finish.

## Table Tennis

### 1. Participation Eligibility and Detailed Events

Disabilities Category	classification	Medal events	Notes
Physical Disabilities & Cerebral Palsy	Wheelchair: class 1-5  Standing: class 6 -10	-Men's Single -Women's Single -Unified Double - Double -Forehand Stroke Skill Challenge -Backhand Stroke Skill Challenge	<ul style="list-style-type: none"> <li>Singles events are categorized by age: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.</li> <li>The Unified doubles consist of teams formed by individuals with and without disabilities, without distinction of disability, age, or gender.</li> <li>Doubles (including general and mixed doubles) are formed with two players with disabilities, without distinction of age, gender, or disability.</li> <li>Skill challenge events are divided by gender and type of disability, regardless of age.</li> </ul>
Intellectual (Developmental) Disabilities	Class 11	-Men's Single -Women's Single -Unified Double - Double -Forehand Stroke Skill Challenge -Backhand Stroke Skill Challenge	<ul style="list-style-type: none"> <li>Singles events are categorized by age: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.</li> <li>The Unified doubles consist of teams formed by individuals with and without disabilities, without distinction of disability, age, or gender.</li> <li>Doubles (including general and mixed doubles) are formed with two players with disabilities, without distinction of age, gender, or disability.</li> <li>Skill challenge events are divided by gender and type of disability, regardless of age.</li> </ul>
Visual Impairment		Not Applicable	
Hearing Impairment		-Men's Single -Women's Single - Men's Double - Women's Double -Forehand Stroke Skill Challenge -Backhand Stroke Skill Challenge	<ul style="list-style-type: none"> <li>Singles events are split into: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.</li> <li>Doubles (including general and mixed doubles) are formed with two players with disabilities, without distinction of age and disability.</li> <li>Skill challenge events are divided by gender and disability, with no age distinction.</li> <li>There are no Unified events for individuals with hearing impairments.</li> </ul>
Family Sports	Not applicable	Men's Single -Women's Single	<ul style="list-style-type: none"> <li>Events for individuals without disabilities</li> <li>Divided by age groups: Elementary (6-11 years), Junior High (12-15 years), Senior High and Adult (16-69 years), and Senior (70 years and older).</li> </ul>

- In individual events, medals are awarded considering the type of disability, age, and gender.
- For physical disabilities and Cerebral Palsy, there are normally five categories

each for wheelchair and standing events. However, in this Event, they are combined into two categories: wheelchair and standing.

- If there are a few participants in each disability category, the events can be conducted by combining genders and ages.
- In doubles, two athletes with disabilities can form a team and compete, including athletes with different types of disabilities (except hearing impairments).
- The Skill Challenge event is conducted without age distinction, and medals are awarded by separating men and women and by type of disability.

## **2. Equipment and Court Regulations:**

- Table tennis tables
- Nets
- Table tennis balls - ITTF approved
- Scoreboards

## **3. Method of Competition:**

- Wheelchair events will follow the International Table Tennis Federation (ITTF) rules.
- Standing events will follow the ITTF rules.
- Final rankings are determined through league or tournament play.
- The player or team first to score 11 points wins the game, and matches are played in a best-of-three (3 games to win 2) format, except for finals, which are best-of-five.
- Skill Challenge events (Forehand Stroke and Backhand Stroke) are decided by the number of successful returns out of 30 balls received from the opponent.
- Competitions are conducted in a tournament format to determine final rankings, ensuring all players have at least two games. However, if there are 3 or fewer participants, rankings are determined through a league format.

## **4. Basic Rules:**

- In wheelchair singles, the service must follow the ball's path without regard to the number of bounces, leaving the table on the receiver's end line without crossing either sideline, except for ITTF rules.
- Players who have lost most or part of their hands due to amputation can use a special device to hold or toss the ball.
- If a player with a physical disability has difficulty complying with the service rules, the umpire can relax the requirements for a correct service.
- In wheelchair doubles (including Unified), after the server makes a correct service and the designated receiver returns it, any player from each team can hit the ball.

- A let (invalid) is declared if:
  - The ball returns towards the net or stops on the receiver's side immediately after bouncing.
  - (Singles only) The ball, after bouncing on the receiver's side, goes out from either sideline, unless the receiver hits the ball before it crosses the sideline or before it bounces a second time on their side.
  - The umpire can declare a let (no count) for a service that, in their opinion, does not pass the end line, even if the receiver makes a correct return.
  
- A point is scored if:
  - The opponent's thigh loses minimum contact with the chair or cushion when hitting the ball.
  - The opponent touches the table with either hand before hitting the ball.
  - In wheelchair doubles, if at least one member of the opposing team is in a wheelchair and part of the wheelchair or the player's foot invades the imaginary extension of the center line of the table.

# Bowling

## 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities & Cerebral Palsy	Wheelchair  Standing	-Wheelchair, Men's individual -Wheelchair, Women's individual -Standing, Men's individual -Standing, Women's individual -Unified 2-person team - 2-person team	Individual games are divided into age groups: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.  The Unified 2-person team event consists of teams formed by individuals with and without disabilities, without distinction of age or gender.  2-person team event consists of teams formed by two athletes with disabilities, without any distinction of age or gender.
Intellectual (Developmental) Disabilities		-Men's individual -Women's individual -Unified 2-person team - 2-person team	Individual games are divided into age groups: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.  The Unified 2-person team event consists of teams formed by individuals with and without disabilities, without distinction of age or gender.  2-person team event consists of teams formed by two athletes with disabilities, without any distinction of age or gender.
Visual Impairment		-Men's individual -Women's individual -Unified 2-person team	Individual games are divided into age groups: Elementary (6-11 years), Junior High (12-15 years), and 16 years and older.  Participants can use a ramp and may receive help from a guide.
Hearing Impairment		-Men's individual -Women's individual - Men's 2-person team - Women's 2-person team	Singles competitions are divided into age groups: Elementary (6-11 years), Junior High (12-15 years), and 16 years and older.  There are no Unified events for individuals with hearing impairments.  The 2-person team event is gender specific. Teams are formed with two individuals with disabilities.  This competition awards medals separately from other disability events and is canceled if there are too few participants.

- In individual events, medals are awarded considering the type of disability, age, and gender.

- For physical disabilities and brain injuries, events are conducted in two categories: wheelchair and standing (2 medal events).
- For hearing-impaired athletes, men's and women's team events are conducted.
- If there are a few participants in each disability category, the events can be combined.

## **2. Equipment and Court Regulations:**

- The selection of the bowling alley is decided by the Organizing Committee.
- Ramps
- Rosin/Powder
- Bowling must be performed with the player's hand.

## **3. Method of Competition:**

- A game consists of 10 frames. Except for strikes, players bowl twice in each frame from the 1st to the 9th frame, and in the 10th frame, if a strike is recorded, they bowl two more times in the same lane, and if a spare is recorded, they bowl one more time. All frames must be completed in the prescribed bowling order.
- The competition is conducted in a tournament/league format, and all players should play at least two games. However, the method of determining winners can be changed by the organizing committee depending on the number of participants.
- In the Unified 2-person team event, players compete in the same lane and alternate shots within each frame, completing all 10 frames (Alternate Shot format—each frame is shared by two players). One player throws the first ball, and the other throws the second ball (spare attempt). Before the match begins, the team decides which player will bowl first. If a strike is scored, the frame ends, and in the next frame the other player delivers the first ball (the player who scored the strike does not continue). This alternating order continues through the 10th frame. For example, if the first ball in the 10th frame is a strike, the other player throws the second ball, and the original player returns for the third ball.
- In the athletes-only 2-person team event, two players alternate by frames (Baker format—one player completes an entire frame). One player bowls frames 1, 3, 5, 7, and 9, while the other bowls frames 2, 4, 6, 8, and 10.

## **4. Basic Rules:**

- The competition is conducted in the same way as the non-disabled bowling events.
- The use of ramps is allowed.
- The use of rosin/powder products is permitted.
- Players who have lost most or part of their hands due to amputation can use a special device to grip or bowl the ball.

# Pickleball

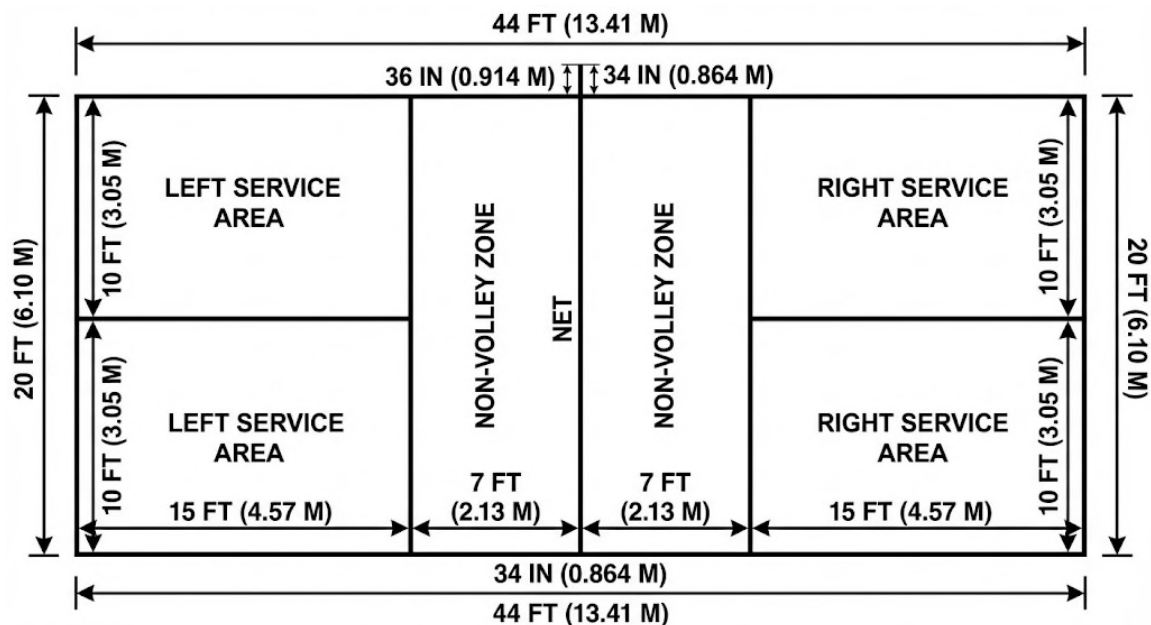
## 1. Participation Eligibility and Detailed Events

Disabilities Category	classification	Medal events	Notes
Physical Disabilities & Cerebral Palsy	- Wheelchair (Open)	-Men's Single -Women's Single -Unified Wheelchair Double	Singles competitions are categorized by age groups: Elementary (6-11 years), Junior High (12-15 years), and 16 years and older.  Unified doubles consist of teams formed by individuals with and without disabilities, without distinction of age and gender.
Intellectual (Developmental) Disabilities	Standing	-Men's Single -Women's Single -Unified Double	Singles competitions are categorized by age groups: Elementary (6-11 years), Junior High (12-15 years), and 16 years and older.  The Unified doubles consist of teams formed by individuals with and without disabilities, without distinction of age and gender.
Visual Impairment & Hearing Impairment	Not applicable	Not applicable	
Family Sports	Not Applicable	-Men's individual - Women's individual	Events for individuals without disabilities  Divided by age groups: Elementary (6-11 years), Junior High (12-15 years), Senior High and Adult (16-69 years), and Senior (70 years and older).

- For individual events, medals will be awarded based on disability classification, age, and gender.

## 2. Equipment and Court Regulations

- Court Size: 20 ft (6.1 m) × 44 ft (13.4 m) — same as a badminton doubles court
- Non-Volley Zone (NVZ, "Kitchen"): 7 ft from the net
- Net Height: 34 inches at the center, 36 inches at the sidelines
- Ball: Official pickleball — indoor (26 holes) or outdoor (40 holes) plastic ball



### 3. Competition Format

- The first team to reach 11 points wins, and the team must win by 2 points.
    - Only the serving team may score points.
    - Each match consists of up to 3 sets (games); the first player or team to win 2 sets wins the match.
    - All matches will follow a tournament format, and all participants will be guaranteed at least two games.
- However, if there are three or fewer participants, rankings will be determined by a round-robin format.

### 4. Basic Rules

- At the beginning of the first game, a coin toss will determine the choice of court end or the choice of server or receiver.
- The Serve: Must be underhand (contact below the waist) and served diagonally into the opponent's service court.  
A drop serve (hitting the ball after it bounces) is allowed.  
(Reasonable accommodations may be provided for athletes with physical limitations, such as one-arm players.)
- Two-Bounce Rule: The receiving team must allow the serve to bounce once before returning it, and the serving team must also allow the return to bounce once before hitting it. (After these two bounces, volleys are permitted.)
- Non-Volley Zone (NVZ / "Kitchen"): Players may not volley the ball (hit it before it bounces) while standing within the 7-foot zone adjacent to the net.

# Hangung

## 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities, Cerebral Palsy, Intellectual (Developmental) Disabilities, Visual Impairment, & Hearing Impairment	- Wheelchair - Standing	-Wheelchair, Men's individual -Wheelchair, Women's individual -Standing, Men's individual -Standing, Women's individual -Unified 2-person team	Individual events are split into: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.  The Unified 2-person team event consists of teams formed by individuals with and without disabilities, without distinction of age, disability, or gender.  There are no Unified events for individuals with hearing impairments.
Family Sports	Not Applicable	-Men's individual - Women's individual	Events for individuals without disabilities  Divided by age groups: Elementary (6-11 years), Junior High (12-15 years), Senior High and Adult (16-69 years), and Senior (70 years and older).

- In individual events, medals are awarded considering the type of disability, age, and gender.
- Physical disabilities and cerebral palsy are combined into one category for competition and medal awarding.
- If there are few participants in each category of age, gender, or disability type, they can be combined.

### 2. Equipment:

- Hangung target and dedicated stand
- Hangung pins
- Distance board (33 cm X 3m)
- Competition number plate

### 3. Method of Competition and Regulations:

- The competition method and regulations are primarily applied and decided by the Hangung Association for People with Disabilities.
- The throwing distance is 1.5m for elementary (6-11 years old) and visually impaired athletes, 2m for physical disabilities and cerebral palsy (wheelchair and

standing), intellectual (developmental) disabilities, and senior participants, and 2.5m for hearing-impaired and general family participants. (For athletes with visual impairments, the coach coaches from 1m behind the player)

- Regarding board height, elementary students, wheelchair users, and participants shorter than 145cm use a 1.2m height board, and all other participants use a 1.35m height board.
- The throwing posture is primarily a side-throwing posture. The side-throwing posture is when the player's side and the target are in a straight line. However, frontal (wheelchair), mixed, and drop-style throwing postures are allowed if the side-throwing posture is difficult due to physical conditions.
- Each player throws 5 times with each hand, totaling 10 throws. However, players with brain injuries, intellectual disabilities, or physical disabilities who have difficulty using both hands will throw 5 times with a side-throwing posture and 5 times with a frontal posture using one hand.
- All visually impaired athletes wear blindfolds, regardless of the degree of disability.
- In Unified doubles, each participant throws 10 times, and the scores are combined.
- All matches are conducted in a tournament format, ensuring all players play at least two games. However, if there are 3 or fewer participants, rankings are determined through a league format.

#### **4. Game Rules:**

- Each player is allowed 4 practice throws (2 per hand). If only one hand is used, a total of 2 practice throws are allowed. The practice throw is limited to within 30 seconds for two throws.
- The player enters and stands at the designated throwing distance. Upon entry, the referee gives the player 5 Korean traditional archery pins. The official throws for each hand commence with the announcer's "start" declaration and the electronic horn's buzzer sound (beep) and end with the "stop" declaration and the electronic horn, double buzzer sound (beep beep).
- The player must complete the 5 record throws within 50 seconds.
- Even after the throw has ended, players must wait and not enter inside the baseline if the throwing is not finished.
- After 5 throws are completed, the referee verbally informs the coach and player of the points scored. The remaining 5 throws are then completed in the same manner.

# Boccia

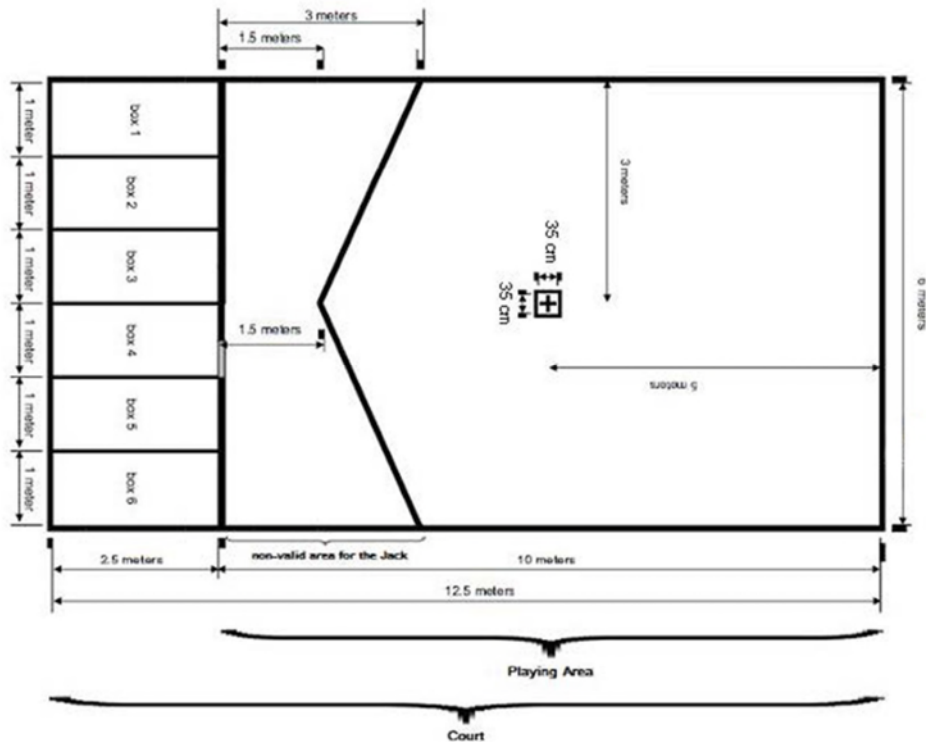
## 1. Participation Eligibility and Detailed Events

Disabilities Category	classification	Medal events	Notes
Physical Disabilities & Cerebral Palsy	Wheelchair : BC1 – BC4	-Wheelchair, Men's individual -Wheelchair, Women's individual -	All events are held without distinction of gender.  Individual events are split into: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.  Able to participate in Unified 2-person team games.
Physical Disabilities, Cerebral Palsy, Intellectual (Developmental) Disabilities, & Hearing Impairment	Standing	- Standing, Men's individual - Standing, Women's individual - Unified 2-person team	All events are held without distinction of gender.  Individual events are split into: Elementary (6-11 years), Junior High (12-15 years), and 16 and older.  The Unified 2-person team event consists of teams formed by individuals with and without disabilities, without distinction of age, disability, or gender.  There are no Unified events for individuals with hearing impairments.
Visual Impairment		Not applicable	

- For all events, gender is not considered.
- If there is a small number of participants for each disability category, the categories can be merged for the competition. However, cerebral palsy and physical disabilities (wheelchair users) will be considered separately in ranking.

## 2. Equipment and Court Regulations:

- 7 boccia balls (1 white ball [jack], 6 red balls, 6 blue balls)
- 1 tape measure
- 1 referee paddle (one side red, the other side blue) to indicate which player/team should throw
- Calipers for measuring short distances
- A timer
- A scoreboard



## 2. Method of Competition

- The game is won by rolling or throwing balls to get them closest to the jack (white ball). The referee tosses a coin, and the winner chooses between the red or blue balls (choosing red gives the chance to throw the jack and the red balls first in the opening end). Gameplay starts with the player/team that chose red throwing the jack, followed by their red balls, trying to get them close to the jack. Then, the opposing player/team throws their blue balls. Players alternate throwing red and blue balls. If a thrown ball does not get closer to the jack, the player continues throwing until all their balls are used. An end is completed when all 13 balls, including the jack, are thrown. In the second end, the player/team with blue balls starts. Points are scored by having balls closest to the jack at the end of each end, with additional points for each ball closer to the jack than the closest opponent's ball. Between 1 and 6 points can be scored in the end. Singles and doubles matches consist of 4 ends, with the highest score at the end of all ends determining the winner. Tournaments ensure all participants play a minimum of two games, but if there are three or fewer participants, rankings are determined through a league format.

## 3. Basic Rules:

- Players may practice with the balls for up to 2 minutes before the official game starts.

- Balls can be rolled, thrown, or even kicked.
- Players must throw their ball within 1 minute (4-8 minutes for players with cerebral palsy depending on the severity).
- The jack is initially thrown by the player/team with red balls, alternating in subsequent ends.
- If holding red balls, always start from the left side (position 3 for singles, positions 2 and 4 for doubles).
- If the jack goes out of bounds, play restarts from a central point marked with a cross.
- A ball is considered "dead" if it touches or crosses the boundary line.
- A V-shaped line is marked in front of the throwing area, and the jack must cross this line.
- In doubles, each player has 3 balls and throws in numerical order.
- Penalties (including penalty balls for the opponent) are given for infractions such as unsportsmanlike behavior, leaving the court during play, or crossing the box line when throwing.
- A 25cm\*25cm box is marked around the cross sign, where penalty balls are placed for scoring; a point is awarded for each ball within the box, invalidated if touching the outer line.

#### 4. **Additional Information:**

- Each player can use their own set of jacks and balls.

## Soccer (Unified 5-a-side-soccer)

### 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities, Cerebral Palsy, Intellectual (Developmental) Disabilities,	Standing All Disabilities	- Unified 5-a-side	<ul style="list-style-type: none"> <li>• Team composition prioritizes individuals with intellectual (developmental) disabilities, with the inclusion of participants with physical disabilities or cerebral palsy.</li> <li>• The team should maintain a ratio of 3 players with disabilities to 2 players without disabilities, regardless of gender.</li> <li>• Age categories: 1) Ages 6 to under 16, 2) 16 and older. Participants without disabilities can compete regardless of age.</li> <li>• A team roster can have a maximum of 10 members (with 5 alternates) and medals can be awarded to a maximum of 10 members.</li> </ul>
Visual Impairment		Not applicable	
Hearing Impairment		Not applicable	

- Teams can include up to 10 members, including reserve players, with a mix of up to 6 players with disabilities and 4 players without disabilities, or an equal split of 5 with disabilities and 5 without disabilities. Medals are awarded to a maximum of 10 members if the team places 1st to 3rd.
- **Equipment and Court Regulations:**
  - Two types of balls are used, depending on the age group.
  - Players aged 6 to 11 use a size 4 soccer ball.
  - Players aged 12 and above use a size 5 soccer ball.
  - The playing field dimensions are set to approximately 40 meters x 30 meters.

- **Basic Rules:**
  - Matches consist of two halves, each lasting 20 minutes, with a 5-minute halftime break.
  - If the match ends in a draw, it goes into a 5-minute overtime where the first team to score wins.
  - If there is no winner in overtime, the winner is determined by a penalty kick (PK) shootout.
- **Penalty Kick Rules:**
  - Five players from the field take PKs, with the team scoring the most after 5 PKs winning.
  - If the game remains tied after 5 kicks, the shootout continues with a "golden goal" rule using the remaining team members, cycling back through the original lineup if necessary.
  - The offside rule is not applied in these matches (No offside).
- **Ball Out of Play:**
  - A ball over the sideline results in a kick-in, treated as an indirect free kick.
  - A ball over the end line results in either a goal clearance or a corner kick. Goal clearances must cross the penalty area and cannot be thrown beyond the midfield line. If a goalkeeper's throw touches any player within the penalty area or crosses the midfield line directly, a re-throw is required. If it crosses the midfield line, the opposing team is awarded an indirect free kick from any point on the midfield line.
- **Unified Sport games:**
  - Teams consist of 3 players with disabilities and 2 players without disabilities in 5-a-side matches.
  - The team composition must maintain a ratio of 3 players with disabilities to 2 players without disabilities if the full 5-player team is not present. Teams can be 3 players with disabilities and 1 without disabilities, or 2 with disabilities and 1 without disabilities.
  - Goals scored by players without disabilities are not counted.
- **Additional Information:**
  - A team roster can have a maximum of 10 members (with 5 alternates).
  - Participants must wear numbered jerseys, players with disabilities using numbers 1-9 and players without disabilities using numbers 10 and above.
  - The use of soccer cleats is optional, but shin guards must be worn.

## Soccer Kick for Distance

### 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Cerebral Palsy		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Intellectual (Developmental) Disabilities		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Visual Impairment		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Hearing Impairment		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Family Sports		- Men's individual - Women's individual	Events for individuals without disabilities  Divided by age groups: Elementary (6-11 years), Junior High (12-15 years), Senior High and Adult (16-69 years), and Senior (70 years and older).

- Medals are awarded considering the type of disability, age, and gender.
- Competitions for individuals with physical disabilities and cerebral palsy are integrated, with medals awarded in these combined categories.

- **Equipment and Court Regulations:**
  - Two types of soccer balls are used based on disability and age:
    - Women and players aged 15 and under use a size 4 soccer ball.
    - Male players aged 16 and above use a size 5 soccer ball.
  - Open-reel measuring tapes of at least 300 ft are required.
  - The playing field is shaped like a baseball diamond, with a 90-degree angle and a court size of over 200 ft (60 meters).
  
- **Method of Competition**
  - The competition involves kicking the soccer ball as far as possible into a designated area to determine rankings.
  
- **Basic Rules:**
  - Each player is allowed three kicks.
  - One practice kick is permitted before the actual competition. Players can choose to count this practice kick towards their competition attempts if they wish. No further practice kicks are allowed in this case.
  - The longest of the three kicks is recorded for ranking.
  - If a player steps over or on the line during a kick, that attempt is counted but considered invalid.
  - If the kicked ball lands outside the designated foul lines, the kick counts as an attempt but the distance is not recorded.
  - In the event of a tie, the player with the second longest kick wins. If the second attempt is also equal, the longest third attempt determines the winner.
  
- **Additional Information:**
  - Only soccer balls provided by the Organizing committee should be used.

## 농구 (Unified 3-on-3 Basketball)

### 2. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities, Cerebral Palsy, Intellectual (Developmental) Disabilities,	Standing All Disabilities	- Unified 3-on-3	<ul style="list-style-type: none"> <li>Team composition prioritizes individuals with intellectual (developmental) disabilities, with the inclusion of participants with physical disabilities or cerebral palsy.</li> <li>The team should maintain a ratio of 2 players with disabilities to 1 player without disabilities, regardless of gender and age.</li> <li>A team roster can have a maximum of 6 members (with 3 alternates) and medals can be awarded to a maximum of 5 members.</li> </ul>
Visual Impairment		Not applicable	
Hearing Impairment		Not applicable	

- Teams can include up to 5 members, including reserve players, with a mix of up to 3 players with disabilities and 2 players without disabilities. Medals are awarded to a maximum of 10 members if the team places 1st to 3rd.

### 2. Equipment and Court Regulations:

- A size 7 basketball will be used.
- The game will be played on a half court.

### 3. Basic Rules:

- Team Composition:** Each team may have up to 5 players (e.g., 2 athletes with disabilities and 1 partner; 3 athletes with disabilities and 2 partners; or 4 athletes with disabilities and 1 partner).
- On-Court Ratio:** During play, the ratio on the court must always be 2 athletes (with disabilities) to 1 partner (without disabilities).
- Starting Requirement:** A minimum of 3 players (2 athletes and 1 partner) is required to start the game.
- Substitution Rule:** Athletes substitute for athletes, and partners substitute for partners.

- Game Duration: One 10-minute game or until a team reaches 21 points (whichever comes first).
- Scoring: 1 point for shots inside the arc (3-point line), 2 points for shots outside the arc, and 1 point for free throws.
- Clearing the Ball: When the defensive team gains possession (rebound or steal), they must take the ball beyond the arc (3-point line) before initiating offense (both feet must be clearly outside the line).
- Check Ball: After a score or any dead-ball situation, play resumes by checking the ball with a defender outside the arc.
- Check Ball Situations:
  - Foul: If a defensive foul occurs, play stops, and the offense retains possession. Play resumes with a check ball.
  - Out of Bounds: If the ball goes out of bounds, the offensive team resumes play with a check ball.
  - Held Ball: If both teams gain possession simultaneously, the team with alternating possession resumes with a check ball.
  - After a Score: Possession switches to the opposing team, and play resumes with a check ball.
  - Violations: Traveling, double dribble, 3-second violation, and out-of-bounds rules are enforced. Play resumes with a check ball.
- **Free Throws Awarded:**
  - When a foul occurs during a shooting motion
  - For excessive or dangerous fouls
  - For technical fouls (e.g., disobeying officials or inappropriate behavior)
- No free throws are awarded based on accumulated team or personal fouls.
- There is no shot clock.
- Substitutions may be made freely during dead-ball situations.
- **Overtime:** If tied at the end of regulation, a 3-minute overtime period will determine the winner.
- Partners (non-disabled players) must support the flow of the game and are not allowed to dominate scoring or play.

### 3. Additional Notes:

- All participants must wear jerseys with numbers. Athletes with disabilities use numbers 1–9, while partners use numbers 10 and above.
- Athletic shoes must be worn at all times.
- Wearing accessories such as watches, necklaces, bracelets, or earrings is prohibited.

## Free Throw Shot Challenge

### 1. Participation Eligibility and Detailed Events

Disabilities Category	Classification	Medal events	Notes
Physical Disabilities		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Cerebral Palsy		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Intellectual (Developmental) Disabilities		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Visual Impairment		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Hearing Impairment		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Family Sports	Not Applicable	- Men's individual - Women's individual	Events for individuals without disabilities  Divided by age groups: Elementary (6-11 years), Junior High (12-15 years), Senior High and Adult (16-69 years), and Senior (70 years and older).

- Medals are awarded considering the type of disability, age, and gender.
- Competitions for individuals with physical disabilities and cerebral palsy are integrated, with medals awarded in these combined categories.

## 2. Equipment and Court Regulations:

- A size 7 basketball is used for male players, while a size 6 basketball is used for female players and the elementary division (ages 6–11).

## 3. Basic Rules:

- A 1 minute 30 second warm-up period is allowed before the official competition.
- Each participant is given 10 free throw attempts. Rankings are determined by the total score.
- Scoring is awarded not only for successful shots but also for attempts that hit the rim or backboard, as follows:
- The maximum possible score is 20 points.

Result	Points	Description
Successful shot	2 points	The ball passes completely through the net
Hits rim/backboard	1 point	The ball does not score but hits the rim or backboard
Airball (miss)	0 points	The ball does not hit anything and falls to the ground

- Example: If a player makes 3 successful shots (6 points), hits the rim 4 times (4 points), and has 3 airballs (0 points), the total score is 10 points.
- Shooting Location: Shots are taken from the free throw line on a regulation court (4.57 m from the basket).
- For the elementary division (ages 6–11) and wheelchair division, the distance is reduced to 2.4 m (8 feet).
- Time Limit: The player must attempt the shot within 10 seconds after receiving the ball from the official.
- Shooting Form: Players must not step on the free throw line (jump shots are allowed, but stepping over the line may result in an invalid attempt).
- For wheelchair players, the front wheel axle must not cross the line.
- Game Operation: After each rebound, a volunteer or official retrieves the ball and returns it to the player to maintain rhythm.
- In case of a tie, the player with more successful shots (2-point scores) is ranked higher.

# Jump Rope

## 1. Participation Eligibility and Detailed Events

Disabilities Category	classification	Medal events	Notes
Physical Disabilities & Cerebral Palsy		Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Intellectual/ Developmental Disabilities		Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Visual Impairment		Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Hearing Impairment		-Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.

Medals are awarded based on disability classification, age, and gender.

- Participants with physical disabilities and those with brain lesions compete together and are awarded medals within the same category.

## 2. Equipment and Court Regulations:

- Prepare 6 adjustable jump ropes.
- A timer (dedicated stopwatch) is required.
- A recorder (scorekeeper) and a referee are required.

## 3. Competition Format:

Participants are ranked based on the maximum number of jump rope repetitions completed within a designated time.

## 4. Basic Rules:

- Each participant is allowed two 45-second attempts.
- A 1-minute practice session is allowed before the official attempts.
- The higher number of repetitions from the two attempts is recorded for ranking.
- One repetition is counted when the rope passes completely under the feet and both feet land on the ground.

- If the rope catches on the body or feet, that attempt is not counted; however, the participant may continue immediately without stopping. There is no penalty for missed attempts.

**5. Additional Notes:**

- Personal equipment is allowed.

# Cornhole

## 1. Participation Eligibility and Detailed Events

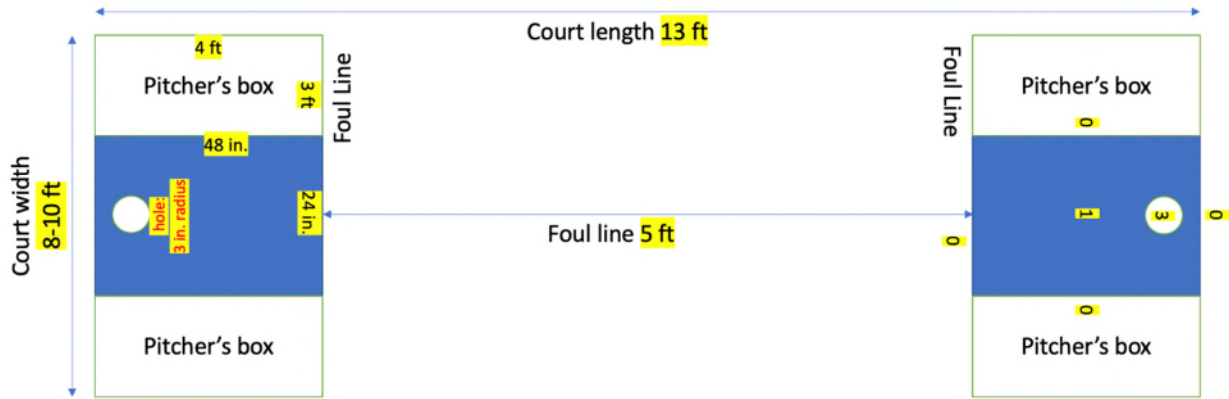
Disabilities Category	classification	Medal events	Notes
Physical Disabilities & Cerebral Palsy	Wheelchair Standing	-Wheelchair, Men's individual -Wheelchair, Women's individual -Standing, Men's individual -Standing, Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Intellectual (Developmental) Disabilities		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.
Visual Impairment		Not Applicable	
Hearing Impairment		- Men's individual - Women's individual	Participants are divided into Elementary (6-11), Junior High (12-15), and 16 and older.

- Individual events are categorized by type of disability, gender, and age.
- Competitions for individuals with physical disabilities and cerebral palsy are integrated, with medals awarded in these combined categories.

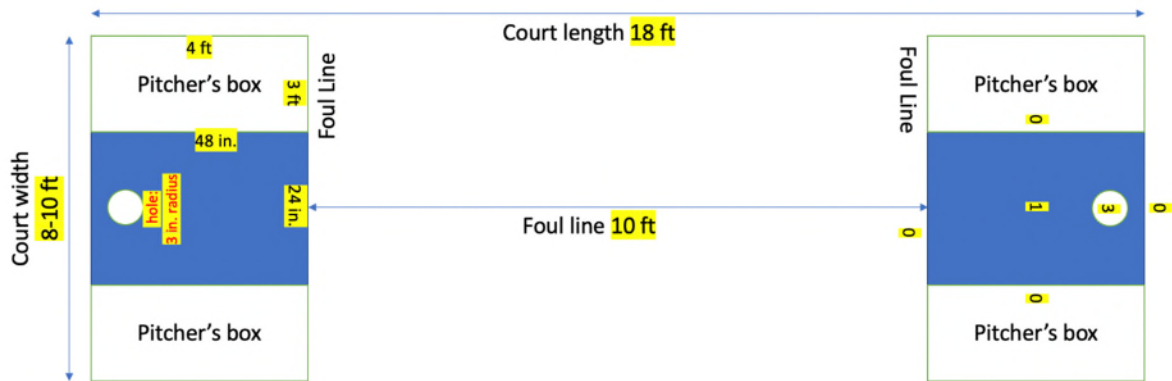
#### 4. Equipment and Court Regulations:

- 8 bean bags (4 of each color) making up 4 sets
- 6 cornhole boards
- 2 scoreboards (standing type for high points)
- Distances from Board:
  - Intellectual (developmental) disabilities: 5 feet (approximately 1.5 meters)
  - Physical & cerebral palsy disabilities: 10 feet (3 meters)
  - Hearing impairments: 15 feet (4.5 meters)

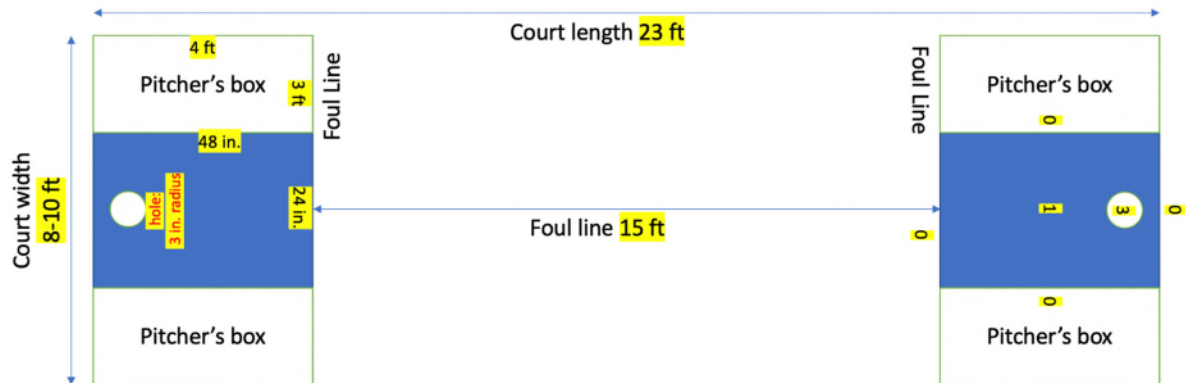
### The Court Layout One



### The Court Layout Two



### The Court Layout Three



#### 5. **Method of Competition:**

A coin toss determines the throwing position, order, and color of the bean bags. Each player alternately throws 4 bean bags, completing one frame (inning). The match consists of 3 frames, and the player with the highest score at the end wins. If there's a tie after 3 frames, an additional frame is played. Scoring is as follows: 1 point for a bean bag on the board, 3 points for a bean bag completely in the hole. Bean bags that touch the ground or are hanging off the board score 0 points, while those hanging in the hole count for 1 point. Players must throw from within the pitcher's box.

#### 4. **Basic Rules:**

- The rules apply according to the type of disability, regardless of the player's age.
- Players are allowed one practice frame (4 bean bags) before the start of the game.
- The game consists of 3 frames, with the player scoring the highest points wins.
- Players may throw underhand or overhand, ensuring not to step over the front line of the board. Stepping over the line results in a foul, and the score for that throw is not counted.
- The player who scored in the previous frame throws first in the next frame.
- If two players are playing simultaneously, they alternate throws. After the first player throws a bean bag, the second player throws one from the opposite side, staying in their designated area until the game concludes.
- Players should not take more than 20 seconds to make a throw.
- Players must use the same hand to throw all 4 cornhole bags within a frame.

#### 5. **Additional Information:**

- Only bean bags and cornhole boards provided by the organizing committee should be used.

## **Key Participation Regulations for the Korean American Adaptive Sports Festivals**

1. The 3rd National Para Games allows participation in the following categories:  

Athletes with disabilities, 2) Guardians/Family members, 3) Officials (including coaches), 4) Observers, 5) Volunteers, 6) Media, and 7) Sponsors/VIP guests.
2. The Games consist of 11 sports for athletes with disabilities (10 official events and 1 demonstration event). In addition, there are Unified events and Family events (5 events) in which non-disabled participants may compete.
3. Athletes with disabilities may select up to two sports from the official (10) and demonstration (1) events, and may participate in up to five medal events within those sports. They are not eligible to participate in Family events.
4. In the case of 5-a-side soccer, participation does not count toward the five medal-event limit. Athletes may additionally choose to participate through their regional association. Including soccer, an individual may participate in up to six events in total.
5. Officials (including coaches) and guardians/family members may participate in Unified events (where athletes with and without disabilities compete together) or Family events. If participating in Unified events, they may enter up to two events. Participants in Unified events may not participate in Family events.
6. Family events are limited to one event per participant. Those who choose to participate in Family events may not participate in Unified events.
7. Observers refer to participants other than athletes, officials, guardians/family, volunteers, media, and sponsors/VIPs. This includes non-disabled Unified athletes (who are not officials or family), acquaintances of participants, and general attendees. Observers may participate in up to two Unified events but are not eligible for Family events.
8. Volunteers may support areas such as medical services, transportation, sport operations, broadcasting/sound, and general event support through their regional associations. Volunteers are not permitted to participate in any competition events.

## **MVP Selection Criteria for the Korean American Adaptive Sports Festival**

The MVP of the U.S. National Para Games is the most prestigious award, given to an athlete who demonstrates outstanding athletic performance and exemplary sportsmanship aligned with the spirit of the Games. Previous MVP winners are excluded from consideration.

Athletes may be selected for MVP based on the following achievements:

1. Winning multiple gold medals and demonstrating exceptional athletic performance.
2. Achieving historic records or outstanding accomplishments, such as setting or approaching U.S. or Korea national records, or achieving all-time best performances.
3. Contributing significantly to the promotion and development of para sports through public recognition and influence.
4. Based on recommendations from each sport's competition committee chair, the MVP Selection Committee will choose four athletes: one male and one female under age 15, and one male and one female age 16 and above.
5. If no athlete meets the criteria, no MVP will be awarded.
6. MVP recipients will receive a trophy and a monetary prize or equivalent award.

### **MVP Selection Committee Composition:**

President and Senior Vice President of the Korean American Para Sports Association, Chair of the U.S. National Para Games Organizing Committee, and one external member (total of four members).

## **Selection and Support Regulations for Participation in the Korea National Para Games**

Athletes selected to represent the United States in the Korea National Para Games will receive the following support:

- Airfare (50%–100%)
- Accommodation and meals during the Games (100%)
- Local transportation (100%)

Athlete selection is based on performance records from the U.S. National Para Games, as well as recommendations from sport federation presidents and regional associations. Final selection is conducted by the Athlete Selection Committee based on the following criteria:

### **Selection Committee Composition:**

President of the Korean-American Para Sports Association of USA, Senior Vice President, Chair of the Technical Committee, and the President of the sport federation assigned.

(Only applicable to athletes who participated in the U.S. National Para Games in the same year)

1. Athletes who participated in the U.S. National Para Games and demonstrated outstanding performance and results in their sport.
2. For record-based sports, the athlete with the best performance record is prioritized. If unavailable, the next best athlete is selected.
3. If there are many candidates across multiple events, athletes whose records are relatively competitive compared to Korea National Para Games standards will be prioritized.